

Carer Directed Support Service



A Carer Directed Support Service allows carers to access support to help in their caring role. This gives the carer a greater say over the support provided to them.

Support may be offered in one of two forms:

- One-off practical support that might be used for items and services such as:
 - > purchase of small asset items ie a laptop to assist the carer with study or get back into the workforce
 - > payment for training courses.
- A range of practical support services are available and might be used for items such as:
 - > funding for planned respite (in home or residential)
 - > cleaning services
 - > assistance with shopping
 - > cooking
 - > assistance with transport such as paying a taxi for transport to medical appointments or shopping
 - > resources to help the carer achieve their goal.

Looking after someone with disability, a medical condition, a mental illness or who is frail due to age?
Carers SA is here for you



To find out more about the Carer Directed Support Service contact Carer Gateway on **1800 422 737**


Carers SA
Australia

 **Carer Gateway**

An Australian Government Initiative

Connecting carers  to support services

Carers SA

Here for you



For thirty years now, Carers SA has been providing support to unpaid carers across South Australia. Carers SA is committed to working with carers to provide important support and services.

Some of the services available:

- **Carer support** - assisting carers to determine what they need.
- **Tailored, carer-directed support packages** - to give carers practical assistance.
- **Professional counselling** - provide one-on-one support for carers and their caring situation.
- **Peer support** - where carers can meet with people in similar caring situations.
- **Emergency respite care** - to make sure the person cared for will be looked after if an urgent or unplanned event occurs and stops the carer from being there.
- **Coaching** - one on one support to help reach individual carer goals.
- **Advice** - providing information on services and support available, and assistance in navigating the system.

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For further information, assistance and to register for important services and supports.

Please contact Carers SA on [1800 422 737](tel:1800422737) or www.carerssa.com.au