

Are you a Grandparent Carer?



You may be a **Grandparent Carer** if you look after a grandchild who:

- Has experienced trauma or traumatic experiences
- Lives with a chronic medical condition
- Lives with mental illness
- Lives with disability or behaviours of concern
- Lives with a drug or alcohol-related issue
- Lives with an illness that is terminal

Grandparent Carers are often caring for a grandchild under 18 years of age who is not living with their parents and needs support.



Do you care for your grandchild by:

- Providing emotional support
- Preparing meals
- Administering medicine
- Assisting with personal care



How we can support you

- Short-term respite so you can rest and recharge
- Assistance to help you attend your own appointments, errands or commitments
- A Tailored Support Package, which may help with:
 - School fees or educational costs
 - Essential items
 - Respite options
- Learn new skills to support you in your caring role
- Connect you with other Carers

Free support is just a phone call away. Call Carers SA via the Carer Gateway on 1800 422 737 or visit carerssa.com.au

