



## MEDIA RELEASE

15 October 2022

### **CARERS SA TO HOST SA'S FIRST CARER FOCUSSED EXPO**

Carers SA will be hosting the first statewide Carer focused Expo on Tuesday 18 October as part of its National Carers Week celebrations.

A diverse array of stall holders will be available on the day including Government agencies, community organisations and service providers, all with the focus of supporting Carers in their caring role.

Nationally, there are almost 2.65 million Carers who provide 1.9 billion hours of care every year, saving the Australian Government up to \$77.9 billion annually. In South Australia this figure is close to 245,000 unpaid Carers, this includes 30,500 Young Carers aged between 7-25. A Carer is anyone supporting a family member or friend who is frail due to age, has a disability, a drug or alcohol related issue, is experiencing mental illness or has a long term health condition.

Carers SA is a statewide organisation and the lead Carer Gateway provider on behalf of the Australian Government. Carers SA also provides a range of other services for Carers including Carer Breaks and the Community Connections Program, and continues to play a critical advocacy role, ensuring the voices of Carers are heard and represented.

"The positive contribution and impact that Carers make to their, family, friends and the community is unparalleled," says Carers SA CEO, David Militz.

"However, Carers need support too. Our inaugural Carer Expo brings together a range of service providers across different sectors, to showcase what support services are available across South Australia for Carers."

"Carers SA is proud to host the first Expo of its kind in this state," says Mr Militz.

Along with a diverse range of service providers there will be relaxing mini massage sessions, a special magic bean planting area and much more.

National Carers Week is an opportunity to recognise, celebrate and raise awareness among all Australians about the diversity of Australia's Carers and their caring role.

This year's theme is 'Millions of Reasons to Care' which aims to bring attention to Carers around the country who provide outstanding care and support to family members and friends. National Carers Week runs from October 16th-22nd 2022.

In conjunction with the Expo, Carers SA is hosting a series of events across metropolitan and regional South Australia. Events vary from wellbeing pamper sessions, delightful high teas and community fun days, focused on engaging Carers and celebrating the significance of the caring role.

"National Carers Week is a time that we acknowledge these amazing people and we look forward to welcoming all Carers to our events", says Mr Militz.

The Carers SA inaugural Carer Expo:

WHAT: Carers SA Inaugural Carer Expo

WHEN: Tuesday 18 October at 9.30am-2.30pm

WHERE: St Clair Recreation Centre 109 Woodville Road, Woodville South

**For Media enquires contact**

**Alida Parente Marketing Communications 0499 559 144 or 0414 976 945**