

AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS · AN AUSTRA

# Annual Report 2022

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Please be aware that this report may contain the names and/or images of deceased Aboriginal people.

Carers SA acknowledges that to some Aboriginal communities, it is distressing to mention names of people who have died.

### Vision

'For Carers SA to be the first-choice organisation for Carers, community, government and media to engage on practical support, policy and education matters related to Carers'.

#### Who we are and what we do?

Carers SA is a member based community organisation established in 1990 by a 'grass roots' movement of unpaid Carers, to represent their interests and needs and to be 'the voice' of Carers in South Australia.

Carers are people who provide unpaid care and support to family members and friends who have a disability, mental illness, long term health condition, dementia, a terminal illness, an alcohol or other drug related problem or who are frail due to age - anyone at any time can become a Carer.

We are governed by a committed and skilled Board of Directors, the majority of whom have experience as a Carer. Our dedicated and skilled staff share a passion for making a positive difference to the lives of Carers in South Australia. Carers SA acts as both a representative organisation and a service provider, offering a range of services to Carers in metropolitan, rural and remote locations.

#### The Role of Carers SA

Carers SA has a key role in leading change and empowering unpaid Carers to participate in a partnership with South Australian government and the health and community sectors for the provision of better services, to improve the conditions under which Carers operate and to increase the recognition of the contribution of Carers to the South Australian community.

#### Values

Our values represent how the organisation and its people will engage with Carers, each other and the broader community.

- Collaboration
- Empathy
- Inclusivity
- Integrity
- **Professional Excellence**

#### Key Organisational Strategies

Strategy 1: Engage - To continue to engage Carers to understand their needs allowing the organisation to refine services and systems which improve the experience of Carers when engaging with Carers SA.

Strategy 2: Impact - Focussing on external impacts guaranteeing a strong focus on Carer voices being heard by decision makers across the country and enabling community to be more aware of the role Carers play in everyday life.

Strategy 3: Sustain - To secure the future of Carers SA by retaining current contracts and reducing the dependence on individual funding sources through diversification.

Strategy 4: Enhance - Improvement in the delivery of supports to Carers will come from investing in our people and systems and from understanding Carers better than anyone.

# **President's Report**

The 2021-2022 financial year has been a challenging, exciting and successful year for Carers SA as we continue to implement and modify our strategic plan to ensure the best possible support is provided to many thousands of unpaid Carers throughout South Australia.

I would like to acknowledge and thank the Carers SA Board Directors, for their voluntary contribution and ongoing commitment to the organisation and to Carers. Their work through the Board, Finance, Audit and Risk committee and our Carer Engagement committee ensures a governance level monitoring of the implementation of services to Carers, assesses appropriate risk management and financially responsible operation of the association as we meet multiple federal and state contract outcomes.



I would also like to thank our Chief Executive Officer David Militz, the Executive Leadership Team and our staff for the ways in which they balanced the ongoing challenges of providing support and services to vulnerable people through the COVID pandemic. The recent easing of health restrictions has enabled the organisation to increase the service supports and address emerging needs of Carers. The easing of restrictions has also enabled the significant increase of Carer engagement forums and meetings and this will enable the organisation to meet more needs and enable Directors to meet Carers throughout the state through the coming year

After 10 years on the board Lyn Woodforde stepped down from the Board after the 2021 AGM. On behalf of Carers SA we thank Lyn. We were pleased that Lyn accepted our invitation to be the Carers SA nominee to the Carers Australia Board as this greatly assists us in our national lobbying and advocacy work.

The CEO and I are grateful to our Human Services Minister (Hon Nat Cook) and Health Minister (Hon Chris Picton) as well as previous ministers (Hon Michelle Lensink and Hon Stephen Wade) for the regular meetings to discuss challenges facing Carers. These meetings provide a valuable opportunity to raise awareness of the issues facing Carers and to advocate for services to meet needs.

Finally, an enormous thank you to the almost 250,000 unpaid Carers throughout South Australia supporting a family member or friend and providing a considerable, often unrecognised benefit to the states economy and easing pressure on the Health, Disability and Aged Care sectors.

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**Phil Martin** President, Carers SA

# **CEO's Report**



In the last year Carers SA continued to support Carers throughout South Australia in two distinct ways: through the delivery of supports and by advocating on their behalf to decision makers across the country.

Carers SA is fortunate to be the lead provider of Federal Government funded supports in South Australia and to also be contracted to provide significant support to Carers via State Government funding.

Our role is not only to ensure the quality of the supports we deliver but also to ensure that both state and federally funded

services are complementary to each other. Broadly the supports are complementary but there are differences in eligibility, assessment processes and delivery which our team finesses to ensure Carers receive the best access to supports possible.

Carers SA is just over halfway through delivering the contract for the federally funded model, the Carer Gateway. Our team is continuing to refine the supports provided under the Gateway and we are seeing some very positive outcomes for Carers.

One of the key areas of focus throughout the year was to continue our planned community engagement and marketing and communications activities. This work has been vital over the last two and a half years and ensures that the community is aware of who Carers are, what they do and what supports are available for them. The statistics showing the organisations reach into the community can be found on page five (5) of this annual report.

Furthermore, our small team that is focused on advocacy was kept extremely busy during the year with both a state and federal election being held. Through Carers Australia we contributed to a clear election campaign focused on Carer recognition, health and wellbeing and economic security. Our state campaign concentrated on continued funding support for Carers, support for Young Carers and the provision of breaks for Carers. We continue to meet with decision makers across many different sectors to remind them of the importance of Carers to the broad community but also to the many service systems that community members access.

I would like to thank all the staff at Carers SA for their continued commitment to providing the best support possible to Carers, it continues to energise me. And, finally, I would like to acknowledge and thank our volunteers, which includes our Directors, for their passion, support and guidance through the past year.

David Militz Chief Executive Officer, Carers SA

In South Australia

Over 28,000 Carers received Information and Advice More than 4,000 Carer Star Assessments and over 3,000 Carer Star Reviews were completed Over 1,600 Carers received In Person Counselling Over 1,580 Carers received In Person Peer Support Over 900 Carers received In Person Coaching Over 3,780 Carers received Tailored Support Packages (Inc. services and materials as one-off practical supports) Coordinated over 1,200 Emergency Respite Sessions which included over 46,700 hours of Emergency Respite Over 470 opportunities for Carers to have a break Over 370 Intensive Support Services Over 760 Community Engagement sessions with over 10,500 Carers, agency stakeholders and community members directly reached Over 35 community and promotional events with indirect reach of over 45,000people

# **Board of Directors**



### Phil Martin *President*

Appointed in Feb 2014, Vice President from Nov 2017, President from 2021.



Dr. Kerstin Holata *Vice President* 

Appointed in Nov 2021.



Adrian Hinton *Treasurer* 

Appointed in May 2019 to fill a vacancy.



Dani Cuff *Board Director* 

Appointed in Apr 2017 to fill a vacancy. Departed in Mar 2022.



Jamie Getgood *Board Director* 

Appointed in Feb 2022 to fill a vacancy.



Kerrie Akkermans *Board Director* 

Appointed in Nov 2017.



Lynne Carter *Board Director* 

Board Director Nov 2014 -Sept 2018 (resigned Sept 2018).

Appointed in Oct 2019 to



fill a vacancy. **Ralph Tuxford** *Board Director* Appointed in Nov 2017.

> Sonya Weiser *Board Director*

Appointed in Nov 2021.

Departed in Dec 2021.



Susan Antoun *Board Director* 

Appointed in Jun 2017 to fill the vacancy of Treasurer.







Carers SA was once again proud to sponsor the Carers Achievement Award for 2021 which is a category within in the Community Achievement Awards.

The Carer Achievement Award recognises a South Australian family Carer who has not only provided substantial long term care but who has also worked to improve the recognition, services and supports for other Carers.

Carers SA presents the award to celebrate this individual's achievement in championing the Carer cause to improve the lives of family Carers in South Australia.

Congratulations to finalists Ian Ward of Parafield Gardens, Janine Warren of Kingscote, and Amy Liaw of Eastwood.

On Saturday, 20 November 2021, David Militz (CEO, Carers SA), announced the winner, Ian Ward of Parafield Gardens and awarded a cheque for \$2,000 from the major sponsor and a trophy.

Ian Ward of Parafield Gardens has been a Carer for the last 15 years to his three adult children aged 21, 18 and 18 with Autism Spectrum Disorder (ASD), requiring varying intensity of care. He also cared for his late father, who suffered from dementia. Ian was a founding member of Asperlutely Autsome, a support and social group for those with ASD and their Carers.



David Militz (CEO, Carers SA) – Left – announced the winner of the 2021 Carer Achievement Award.

*Ian Ward (Right) received the major sponsor's cheque of \$2,000 and a certificate.* 

Carers SA 30th Birthday Celebration at Government House with Her Excellency Mrs Frances Adamson AC and Rod Bunton. And Farewell to Lyn Woodforde OAM (President, Carers SA)



On Tuesday, 16 November 2021 Her Excellency Mrs Frances Adamson AC and Rod Bunton hosted Carers SA's 30th Birthday Celebration at Government House. This event also honoured the retirement of our long-standing President Lyn Woodforde (OAM) of 10 years. Thank you, Lyn Woodforde (OAM) for your dedication and commitment to Carers SA over the last 10 years.

As Lyn steps down from the role of President, she has accepted the role of Carers SA's delegate on the Carers Australia Board of Directors.



Lyn Woodforde (OAM) speaking at the Carers SA 30th Celebration at Government House



Carers and Staff attending event at Government House



Left to Right: Lyn Woodforde (OAM), Her Excellency Mrs Frances Adamson AC, David Militz (CEO, Carers SA)

### Statement of Profit or Loss and Other Comprehensive Income

## for the year ended 30 June 2022

	Notes	2022 \$	2021 \$
Revenue	2	15,578,352	11,570,886
		15,578,352	11,570,886
Employee benefits expense Program expenses Supplies and services Occupancy expenses Business services Depreciation	3	8,337,359 4,505,289 1,485,883 179,774 417,954 269,879	5,189,108 3,279,138 1,347,854 169,000 732,395 192,288
		15,196,138	10,909,783
Operating surplus before Fair Value movement and Income tax		382,214	661,103
Fair Value gain (loss) on Financial Assets (Investment Portfiolio)	7	(389,022)	149,180
Fair Value increase on Investment Property	8	110,000	-
Income tax expense		-	-
Current year surplus		103,192	810,283
Other comprehensive income after tax		-	-
Total comprehensive income for the year		103,192	810,283

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### Statement of Financial Position as at 30 June 2022

ASSETS	Notes	2022 \$	2021 \$
Current Assets			
Cash and cash equivalents	4	2,513,454	1,385,074
Trade and other receivables	5	-	1,870
Other assets	6	356,809	355,953
Financial assets	7	2,709,018	4,102,976
Total Current Assets		5,579,281	5,845,872
Non-Current Assets			
Investment Property	8	420,000	310,000
Property, plant and equipment	9	586,064	483,542
Financial assets	7	3,723,109	2,763,231
Total Non-Current Assets		4,729,173	3,556,773
TOTAL ASSETS		10,308,454	9,402,645
LIABILITIES Current Liabilities Trade and other payables Grants received in advance Provisions Lease Liabilities Total Current Liabilities	10 11 12 13	1,289,049 4,642,697 632,339 291,363 6,855,448	1,261,751 4,213,923 456,333 218,026 6,150,033
Non-Current Liabilities			
Provisions	12	322,557	261,961
Lease Liabilities	13	299,728	263,121
Total Non-Current Liabilities		622,285	525,082
		7,477,733	6,675,115
NET ASSETS		2,830,721	2,727,531
EQUITY			
Retained earnings		2,586,788	2,213,429
Investment revaluation reserve		(235,460)	144,707
Investment property reserve		420,000	310,000
Other reserves		59,393	59,393
TOTAL EQUITY		2,830,721	2,727,529

The accompanying notes form part of these financial statements

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