

# Emergency Respite



## Emergencies can happen anytime

Emergency Respite offers support for Carers who are experiencing an urgent or unplanned event that temporarily impacts their ability to care for their family member or friend.

This could include:

- The Carer becoming ill or having an injury
- Having to leave home suddenly due to a family/or other emergency
- The Carer feeling stressed or overwhelmed with the caring role
- An unplanned event that threatens the health and safety of the person they are caring for
- An unplanned event that threatens the health and safety of a Carer (including extremely high levels of strain and anxiety)

Carers SA is available 24 hours to assist you in an emergency.

Emergency Respite is temporary support put in place while Carers SA work with the Carer and the person being cared for to ensure that long term supports are put in place should the care be required post 72 hours.

If you provide assistance to a family member or friend who is frail due to age, has a disability, a drug or alcohol related problem, is experiencing mental illness or has a long term medical condition, Carers SA is here to support you

Emergency Respite supports Carers who are experiencing an urgent or unplanned event that temporarily impacts a Carers ability to continue their caring role for their family or friend.

This is a 24 hours a day, 7 day a week service.

**Call 1800 422 737**

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*Carers SA is committed to the safety, participation and empowerment of all children and young people.*



An Australian Government Initiative

Connecting carers ●●●● to support services

# Carers SA Here for you



For thirty years now, Carers SA has been providing support to unpaid Carers across South Australia. Carers SA is committed to working with Carers to provide important support and services.

If you provide assistance to a family member or friend who is frail due to age, has a disability, a drug or alcohol related problem, is experiencing mental illness or has a long term medical condition,  
**Carers SA is here to support you**

## Some of the services available:

- **Carer support** - assisting Carers to determine what they need.
- **Tailored support packages** - enables Carers to access equipment or services to support in their caring role.
- **Counselling** - Support Carers to talk through their concerns and worries.
- **Peer support** - where Carers can meet with people in similar caring situations.
- **Emergency respite care** - to make sure the person cared for will be looked after if an urgent or unplanned event occurs and stops the Carer from being there.
- **Coaching** - identify personal goals and create a plan to reach these goals.
- **Advice** - providing information on services and support available.



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For further information, assistance and to register for important services and supports, please contact Carers SA via the Carer Gateway on **1800 422 737** or **[www.carerssa.com.au](http://www.carerssa.com.au)**