

Tailored Support Packages



Tailored Support Packages are designed to provide you with services and support specific to your needs to help you in your caring role.

You may be able to get free services or equipment to help with your education – for example, tutoring, educational supplies or training courses.

You can also receive practical support services such as:

- Planned respite, where a service provider steps in to take care of your family member or friend while you take a break.
- Cooking and cleaning services
- Assistance with shopping
- Assistance with transport such as paying a taxi for transport to medical appointments or shopping.

To find out more about Tailored Support Packages contact **Carers SA** via the Carer Gateway on **1800 422 737**

Carers SA is committed to the safety, participation and empowerment of all of our children and young people.

Looking after someone with disability, a medical condition, mental illness or who is frail due to age?
Carers SA is here for you




Carers SA
Australia

 **Carer Gateway**

An Australian Government Initiative

Connecting carers  to support services

Are you a Carer?



A Carer is someone who helps a family member or friend with:



emotional support



grocery shopping



preparing meals



administering medicine



personal care



paying bills

Is this you?

Free support is just a phone call away.
Contact **Carers SA** via the Carer Gateway
on **1800 422 737** or visit **carerssa.com.au**



An Australian Government Initiative

Connecting carers ●●●● to support services

