



NATIONAL

**CARERS
WEEK**



**YOU ARE ONE,
KNOW ONE,
OR WILL BE ONE**

Join us for our National Carers Week Event!

National Carers Week is a time to recognise and celebrate the contributions of Carers in Australia.

Carers are people who provide unpaid care and support to family members and friends who have a disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged.

NATIONAL **CARERS WEEK**
12-18 OCTOBER 2025

