

If you provide personal care, support and/or assistance to family or friends who live with

- Disability
- Mental illness
- Dementia
- A chronic health condition
- An illness that is terminal
- An alcohol or drug related problem or
- Someone who is frail due to age

Then you are a Carer and can access the support and services that Carers SA offers

People become Carers in different ways. Sometimes Carers start helping someone out bit by bit or it happens suddenly because of an accident or illness.

Carers can be any age.

Parents, grandparents, partners, siblings, children, friends and neighbours may all take on a caring role at some point in their life.

Carers SA is the peak advocacy body for Carers in South Australia. Carers SA has over 30 years of experience providing Carers with a range of services to support them in their caring role.



Connect with Carers SA

 1800 422 737  info@carerssa.com.au

 www.carerssa.com.au



An Australian Government Initiative



Are you a Carer wanting to work or study?

Carers SA is here to guide you, making the journey simple, supportive and stress free.



Vocational Pathways Program

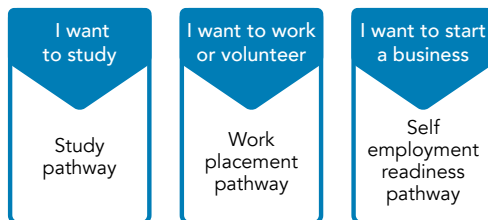


Carers play a vital role in the lives of those they support. Carers SA recognises that Carers have aspirations of their own and is committed to helping achieve these goals.

Carers SA do this by providing free support and training for unpaid Carers wishing to pursue vocational goals.

Whether you want to work, study or start your own business, Carers SA are here to support.

The Vocational Pathways Program offers Carers flexibility to achieve your goals with three pathways to choose from:



Three pathways



The 5 steps to achieving your vocational goals

Carers SA's friendly and experienced team are here to support you every step of the way towards your goals.

