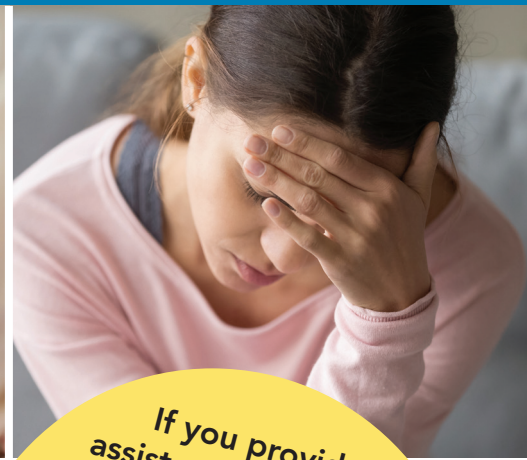


Emergency Respite



Emergencies can happen anytime

Emergency Respite offers support for Carers who are experiencing an urgent or unplanned event that temporarily impacts their ability to care for their family member or friend.

This could include:

- The Carer becoming ill or having an injury
- Having to leave home suddenly due to a family/or other emergency
- The Carer feeling stressed or overwhelmed with the caring role
- An unplanned event that threatens the health and safety of the person they are caring for
- An unplanned event that threatens the health and safety of a Carer (including extremely high levels of strain and anxiety)

Emergency Respite is temporary support put in place while Carers SA work with the Carer and the person being cared for to ensure that long term supports are put in place should the care be required post 72 hours.

This is a 24 hour a day, 7 days a week service. Call **1800 422 737**

Carers SA is committed to the safety, participation and empowerment of all children and young people.

If you provide assistance to a family member or friend who is frail due to age, has a disability, a drug or alcohol related problem, is experiencing mental illness or has a chronic health condition, Carers SA is here to support you

Emergency Respite supports Carers who are experiencing an urgent or unplanned event that temporarily impacts a Carers ability to continue their caring role for their family or friend.

This is a 24 hours a day, 7 day a week service.

Call 1800 422 737

Are you a Carer?



A Carer is someone who helps a family member or friend with:



emotional support



grocery shopping



preparing meals



medical appointments



administering medicine



personal care



paying bills



help to communicate

Is this you?

Free support is just a phone call away. Contact Carers SA via Carer Gateway on 1800 422 737 or visit carerssa.com.au



Are you a Carer and do you know what support is available to you?

If you provide personal care, support and/or assistance to family or friends who live with:

- Disability
- Mental illness
- Dementia
- Chronic health conditions
- Terminal illness
- Alcohol/drug related issues; or
- Frailty due to age

Then you are a Carer and can access supports and services that Carers SA offer.

People become Carers in different ways. Sometimes Carers start helping someone out bit by bit or it

happens suddenly because of an accident or illness. Carers can be any age and any status - parents, grandparents, partners, siblings, children, friends and neighbours may all take on a caring role at some point in their life.

Carers SA is the peak advocacy body for Carers in South Australia. Carers SA has over 30 years of experience providing Carers with a range of services to support them in their caring role.



Free support is just a phone call away.

Contact Carers SA via Carer Gateway on 1800 422 737 or visit carerssa.com.au